

Code: YS001

Price: Available upon your request

Short Program

Thai Massage & Spa

approximately 1 – 2 hours

Thai massage is an ancient holistic therapy that can relax as well as energize. It helps you to maintain good health and regain balance in the body by the application of compression to energy lines together with deep stretching.

Examples of Massage and Spa Packages:

- ◆ Foot Massage & Reflexology
- ◆ Thai Body Massage
- ◆ Back – Neck – Shoulder Massage
- ◆ Foot Relaxing with Herbal Hot Compress
- ◆ Thai Herbal Hot Compress
- ◆ Oil Massage with Herbal Hot Compress
- ◆ Hot Stone Therapy
- ◆ Steam
- ◆ Facial Treatments



Code: YS002

Price: 750 Baht

Short Program

Khantoke Dinner & Traditional Dance Show

approximately 3 hours

This program offers you a chance to spend your evening enjoying the original northern food, Khantoke, together with the authentic traditional dances that were created over 150 years ago.

Tour Includes:

- Transportation fees



Code: YH001

Price: 600 Baht

Half Day Program

Doi Suthep Temple & Meo Village

Tour Starts: 8.00 a.m. – 12.00 p.m. / 1.00 p.m. – 5.00 p.m.



This tour offers a scenic travelling of Chiang Mai's historic area, Wat Phrathat Doi Suthep, home to a holy relic of the Lord Buddha. This 600-year-old temple is considered by many to be the most sacred temple in the northern part of Thailand. Located 3,500 feet above sea level, the temple offers a challenge of a flight of over 300 steps to reach the summit where

visitors can enjoy the panoramic view of the city before leaving to the authentic Meo village, a unique community known for its colorful traditional costume.



Tour includes:

- Hotel Transfer
- English Speaking Tour Guide
- Air Conditioned Mini Van with Driver
- All Entrance Fees and Cable Car



Code: YH002

Price: 600 Baht

Half Day Program

Historical Tour: Temples

Tour Starts: 8.00 a.m. – 12.00 p.m. / 1.00 p.m. – 5.00 p.m.

This trip offers you another ways to spend half of your day by visiting Chiang Mai's famous temples and exploring the city. You will be introduced to Lanna's ancient history, traditions and cultures through the significant temples of Chiang Mai such as Wat Phra Singha, Wat Suan Dok, Wat Chiang Mun, and Wat Chedi Luang

Tour includes:

- Hotel Transfer
- English Speaking Tour Guide
- Air conditioned Mini Van with Driver
- All entrance fees



Code: YH003

Price: 650 Baht

Half Day Program

Elephant at Work

Tour Starts: 8.00 a.m. – 12.00 p.m.

*minimum 6 people



An excursion to the jungle of the northern part of the city to see the Elephant Show at Mae Sa Elephant Camp on their natural surroundings and pay a visit to the Orchid and Butterfly Farm on the way back.

- ⊞ Elephant Show
- ⊞ Elephant Ride (optional)
- ⊞ Orchid and Butterfly Farm

Tour Includes:

- Hotel Transfer
- English Speaking Tour Guide
- Air Conditioned Mini Van with Driver
- All Entrance Fees



Code: YH004

Price: 900 Baht

Half Day Program

Thai Cooking Class

Tour Starts: 8.00 a.m. – 12.00 p.m.

*minimum 6 people



In this half day program, you will learn the secret of Thai recipe since the very first step from selecting fresh ingredients at the largest local markets in Chiang Mai to the process of cooking. Whether you are home cooks, professional chefs, old or young, this Thai cooking class, which designed for every age and skill set, will provide you a memorable and delightful experience of cooking your favorite Thai cuisine.

Tour includes:

- Hotel Transfer
- English Speaking Chefs
- All ingredients for cooking
- Air Conditioned Mini Van with Drive



Code: YH005

Price: 800 Baht

Half Day Program

Chiang Mai Night Safari

Tour Starts: 7.00 p.m. – 9.00 p.m.

*minimum 6 people



Chiang Mai Night Safari is a natural theme park that offers an adventurous trip that you can observe the life of wild animals at night time closely. After the excitement on the tram, it's time to be relaxed with the musical fountain before leaving to the hotel.



Tour includes:

- Hotel Transfer
- English Speaking Tour Guide
- Air Conditioned Mini Van with Driver
- All Entrance fees and Tram Ride

Code: YF001

Price: 1,200 Baht

The trip will take you to the elephant camp to experience how the northern people in the past train elephants to help in logging and hard labor. Then, taking authentic rides on elephant's back or ox – cart to Lisu Hill Tribe Village, a Tibeto – Burman ethnic community. After lunch, you can enjoy the surrounding greenery of the wilderness along the river on a bamboo raft. On the way back, the tour offers you a chance to witness the beauties of variety types of orchids and butterflies at the Orchid and Butterfly farms.

Tour includes:

- Hotel Transfers
- English Speaking Tour Guide
- Air Conditioned Mini Van

with Driver

- All entrance fees
- Lunch

One Day Program

One Day Safari

Tour Starts: 8.00 a.m. – 5.00 p.m.

*minimum 6 people



Code: YF002

Price: 1,200 Baht

One Day Program

Inthanon National Park

Tour Starts: 8.00 a.m. – 5.00 p.m.

*minimum 6 people



If you are interested in having an eventful day with lots of different experiences, this trip is highly recommended. Inthanon National Park is recorded as the highest peak of Thailand with its 8,000 feet above the sea level. Along the way to the destination, you will have chances to see the beauties of natural rainforest waterfalls, Vachiratarn, and Siritarn Waterfalls, which required some hiking and walking into wilderness. After lunch, the tour will take you to the afternoon's hike to the last stop of the day, the two remarkably beautiful pagodas that situated at the summit of the mountain.

Tour includes:

- Hotel Transfer
- English Speaking Tour Guide
- Air Conditioned Mini Van with Driver
- All Entrance Fees and Tickets
- Lunch



Code: YF003

Price: 1,200 Baht

One Day Program

Chiang Rai

Tour Starts: 7.00 a.m. – 8.30 p.m.

*minimum 6 people



A full day trip to Chiang Rai, the northernmost province of Thailand, starts from the picturesque driving passing the beautiful mountains and valleys with a brief stop at Mea Khachan Hot Spring. Continuing on, you will visit the uniquely designed Thai architecture, White Temple. Afterward, you will be taken to a river town, Chiang Sean, and move on to the temple displayed the scenery of the Golden Triangle where Myanmar, Laos and Thailand meet. After a brief stops at Mea Sai, the border market of Myanmar and Thailand, the tour will take you to Yao, Akha Hill Tribe Village before returning to Chiang Mai.

Tour includes:

- Hotel Transfer
- English Speaking Tour Guide
- Air Conditioned Mini Van with Driver
- All Entrance Fees
- Lunch



Code: YF004

Price: 4,000 Baht

One Day Program

Flight of the Gibbon: Zipline Adventure

Tour Starts: 7.00 a.m. – 8.30 p.m.

*minimum 6 people



Flight of the Gibbon offers an exhilarating opportunity to soar through 1500 years old rainforest of the northern part of Thailand. Your full day adventure includes 3-4 sizzling hours up in the canopy, lunch, and a 1 hour river or

waterfall trek. You will be accompanied with the professional staffs who will anticipate your needs and share their knowledge about local lore, flora, fauna and geology. The zipline and sky bridges over 5 km. enable you to view the beautiful, fragile world of rainforest ecosystems.

Tour includes:

- Hotel Transfer
- English Speaking Tour Guide
- Air conditioned Mini Van With Driver
- All Entrance Fees
- Lunch



Kindly Notice That...

- To reserve the program, please fill up the attached registration form and send to ymcainter_world@ymcachingmai.org by the end of May, 2018.
- The programs will starts from 14th (afternoon) – 18th, July 2018.
- Please note that one registration form is for one person.
- The payment can be made upon your arrival date.
- The announced price and details of the programs can be changed.
- For more information please do not hesitate to contact ymcainter_world@ymcachingmai.org .



REGISTRATION FORM
CHIANGMAI YMCA POST CONFERENCE TOURS
14th – 18th July, 2018

Full name:

E-mail:

From YMCA:

City, State, Country:

Tour Name:

Tour Code:

Date of Tour:

Hotel Name in Chiangmai:

Arrival date:

Departure date:

Dietary restrictions:

Please send the completed registration form to: ymcainter_world@ymcachiangmai.org

**The Tours reserves the right to change, modify, or cancel a tour prior to departure for any reason, including lack of participants (minimum 6 participants) In this case, any payments received will be refunded in full.*